



Yesterday I visited an office where there was a small, dusty, artificial holiday tree on display in the waiting room that looked to be long past its prime.

It got me thinking: I'm really tired of dark red and dark green holiday decorations. I want a bright, fresh, clean look this year.

I bought a big, live, flowering pink poinsettia plant in a pewter pot and brought it home. I love the color... plus I'm tired of gold and silver decorations too.

I want to hear different music this year and to eat simple, fresh, healthy foods.

I want to spend time with people I enjoy seeing and I want to give small but thoughtful gifts to people I truly care about, gifts that speak to their unique spirits.

This year I want to experience more of the "heavenly peace" promise of the holiday season and less of its "dashing through the snow" downside.

I want to reflect on the blessings of the past year. Most especially, I want to give thanks that I have a home for the holidays since so many of my contacts do not.

Truth is, I guess what I'm really most tired of seeing is so many cold, sick, hungry and disabled homeless people during this sacred and festive season of the year.

So I want time to catch my breath during this holiday season, time to reflect upon my achievements of the past year and time to set more goals for the New Year.

I want to be lazy, not exhausted. I want to refresh myself, not burn myself out. I want to recharge so that I can begin fighting homelessness again – yet again.

I want time to think about what I might be called upon to do next year and I want to be rested and ready to do it. I want to remain an instrument of change for the rest of this year and not become a distracted follower of tired and tiring traditions.

Change is a good thing. All you have to do to initiate change is to start by taking a few small but bold and decisive steps in a new direction. Once you develop the courage and determination to do that, momentum will develop and other changes will begin to flow almost on their own.

Wishing you and yours a very peaceful and blessed holiday season.

Most warmly and sincerely,



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